

Monday 2/25	Tuesday	Wednesday	Thursday	Friday
<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define mental disorder and phobia; describe common symptoms of mental disorders; describe how mental disorders can be treated.</p> <p>Assignment In class—Notes & discussion; worksheet Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to compare the terms stress and stressor; describe different types of stressors; identify the hormone that is released when the body identifies a stressor; explain how stress can cause illness.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define resiliency and prioritize; describe how a positive attitude can change the response to stress; explain how to wisely manage time.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to describe the grief process; define funeral; explain the difference between a wake and a memorial service; describe how to help someone deal with a loss.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will complete worksheets to reinforce concepts regarding stress and loss that have been presented and discussed in class.</p> <p>Assignment In class—Worksheets Take home & return—Work not completed in class</p> <p>Upcoming event None</p>
<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized physical</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized</p>

<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities.</p> <p><u>Upcoming event</u> None</p>		<p>activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities.</p> <p><u>Upcoming event</u> None</p>		<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities.</p> <p><u>Upcoming event</u> None</p>
<p><u>PE-8 Standards</u> 10.4.9.A—Analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—Analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—Analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—Analyze and engage in physical activities that are</p>	<p><u>PE-8 Standards</u> 10.4.9.A—Analyze and engage in physical activities that are</p>

<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in volleyball activities.</p> <p><u>Upcoming event</u> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in volleyball activities.</p> <p><u>Upcoming event</u> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in volleyball activities.</p> <p><u>Upcoming event</u> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in volleyball activities.</p> <p><u>Upcoming event</u> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in volleyball activities.</p> <p><u>Upcoming event</u> None</p>
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